

AHLCON INTERNATIONAL SCHOOL
MAYUR VIHAR PHASE-1, DELHI-110091
FOUNDATION STAGE -1



Dear Parents,

Summer break is a welcome break. A break from fixed routines, rules and regulations of the school. We get freedom to do things and freedom brings more responsibility. We have planned our activities keeping this in mind! Please guide your children in exploring their creativity, completing their homework, which would further help them in channelizing their energy in a productive and positive manner. It is our prime responsibility to maintain a positive environment and below are few suggestions and activities to make your child's long summer break productive and fruitful.

1) *Establish Educational Structure -*

Make a timetable for structured activities as well as free time learning for better discipline and behaviour. Including physical exercise on each day can help children cope up with anxiety and effectively channelize their extra energy at home.

2) *Communication Skills Play a Pivotal Role-*

- Spend time together talking to your child and do listen patiently. Try conversing in English to help them be comfortable with the language and teach the correct pronunciation and usage.
- Encourage your child to share ideas, ask questions and help them in learning new vocabulary words when they are stuck or at times when they are saying sentences.

3) *Knowledge is Power-*

- Cultivate in your child daily reading habit. Do read bedtime stories or allow them free reading time.

- Read aloud to your child and pause occasionally to ask questions about the story.

4) ***Honing Pre-Writing Skills***

Encourage on finishing the work in a set time period for enhancing the speed and accountability. Strokes / Patterns / Colouring i.e. neatness, correct formation, uniformity in proper slant and distancing of strokes/pattern.

5) ***Make Them More Independent by teaching them activities like:***

- Folding their mats, aprons, and clothes.
- Learning to wear shoes and socks; Buttoning and unbuttoning the shirt.
- Removing the dishes after eating and washing them.
- Keeping back the toys, shoes, books, etc. properly in shelves or cabinets.
- Doing small chores like; laying out the table, dusting, cleaning windows, making their own bed, tidying the room, dressing up on their own.

6) ***My Surroundings – My Responsibility***

- Encourage your child to raise a plant by planting seeds.
- Save water by closing the tap, Switching off lights/fans /TV after every use.
- Keep surroundings and environment clean by not littering. Do not throw anything out of the window, car or balcony. Always throw garbage in the dustbin.

7) ***Spending Quality Time Together***

- Have all the meals with your child. Teach them the importance of food and make them realize how lucky they are as many children do not get even one-time meal. Therefore, they must not waste food.
- Play and teach them a new game which you enjoyed playing in your childhood.
- Find out how your child would like to spend time with you.

8) ***Outings: Learning Beyond Book-***

- Plan educational as well as entertaining Indoor/Outdoor activities for your child. Take them to places of his/her interest e.g.– children's park, zoo, garden, monuments, museum, etc.
- Take them to visit their grandparents and let them strengthen the bond. Their love and emotional support is very important for your child. Let them learn the importance of relationships.

9) ***Keeping It Positive***

- Children are likely to follow their routine if we give them positive instructions and lots of praises/appreciation for what they do right. This will reassure them that you love and care.
- Let your kids have a diverse balanced time watching their favourite cartoon, reading books, drawing, colouring, painting, and helping you in household chores.
- At the end of each day, ask your child to take a minute to think about one positive or fun thing they did today. Don't forget to praise them for what they did well today by saying that you are a star!

Ahlcon strongly believes that the key for Sustainable Development is the management of environmental and human resources. We have always focused on the immediate challenges of Sustainable Development by providing the best educational practices to our students. We have been trying to expose children to interesting, innovative activities so that they become lifelong learners.

United Nations proposed 2030 agenda for Sustainable Development Goals which includes a set of 17 Goals. Like last year, this year again, we carry forward our endeavor to work and support these UNSDGs.

*The activities are designed in such a way that children will be engaged in creative and fruitful pursuits during the summer break. **Kindly avoid using glitter in any form in the assignment sheets given to you as we have pledged 'NOT TO USE GLITTER' / GLITTER TAPE / SPARKLE / SPARKLE SHEETS. This resolution has been taken as a step towards saving environment.***

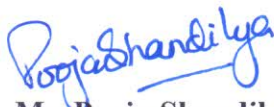
We wish you have a great summer vacation full of joy and sunshine. Don't forget to bring memories from the beautiful places you are visiting. We wish you and your ward a very rejuvenating vacation.

Please note the following general information:

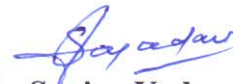
Summer Vacation: The summer vacation begins from **15.05.2023 to 02.07.2023**. The school shall resume w.e.f. **Monday, 03.07.2023**.

My Summer Activity Sheets: We will be emailing the activity sheets which are specially planned and designed by the teachers. We are sure children will find it quite engaging and enjoyable. It will also be posted on our blog <https://www.ahlconinternational.com/blog/category/foundationstage/> for **Classes- Nursery to II** which you can download and get the work done.

Looking forward to your support. Stay safe!! Stay healthy!!



Ms. Pooja Shandilya
Headmistress



Mr. Sanjay Yadav
Principal

SUMMER HOLIDAY HOMEWORK

Name:

Class: Nursery-.....



**Summer, Summer almost here,
Let's give summer, A big fat cheer!
Of this fact I am surely clear,
Summer is the best time of the year.**

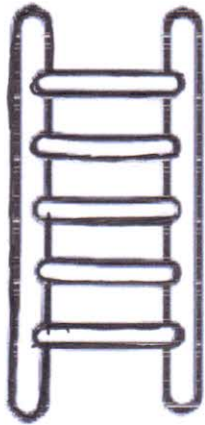
*WISHING YOU A WONDERFUL AND ENJOYABLE
SUMMER BREAK.*

Subject: English

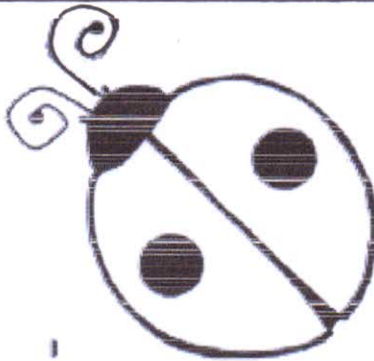
Topic: Letter 'L' Recognition

Aim: To make children recognize the letter, its related sound, and objects.

Guidelines: Children have already started writing letters. We are starting with the simple ones to cater to their needs. So, help your child to hold the crayon in the fingers and let the child first trace the letter "L" and then colour the pictures.



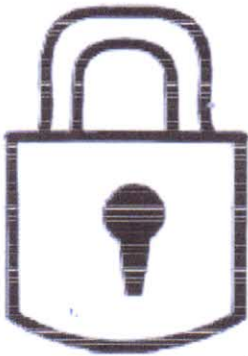
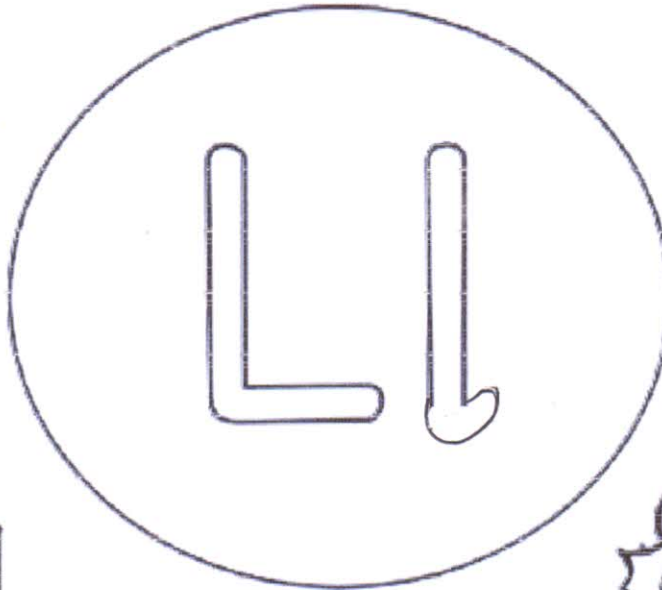
Ladder



ladybug



Lamp



Lock



Leaf



Lion

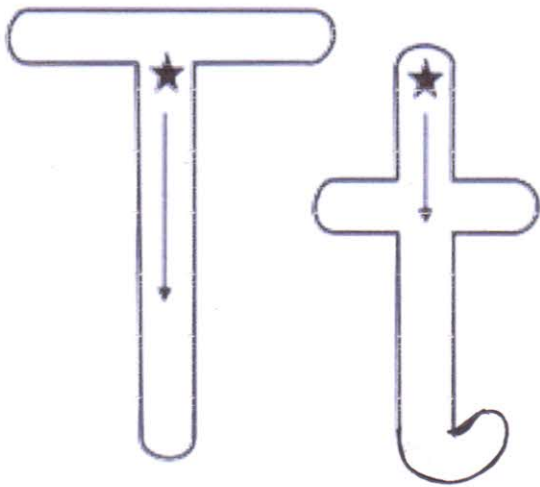
Subject: English

Topic: Letter 'T' Recognition

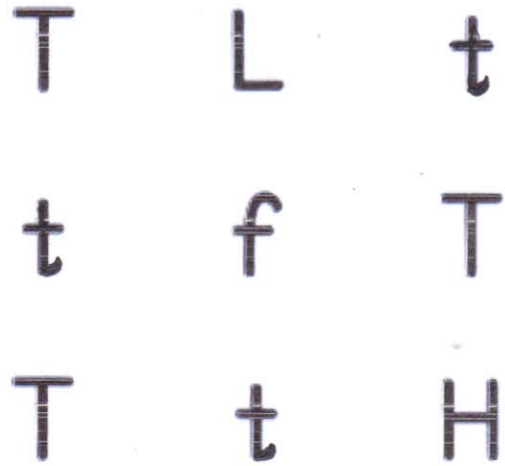
Aim: To make children recognize the letter, its related sound, and objects.

Guidelines: Children are learning letters and their sounds in the school. To recapitulate the letter 't' encourage your child to think and speak out the objects beginning with letter 't'. Later, encourage your child to hold the crayon and trace the letter 't' and colour the related pictures.

Trace the letter



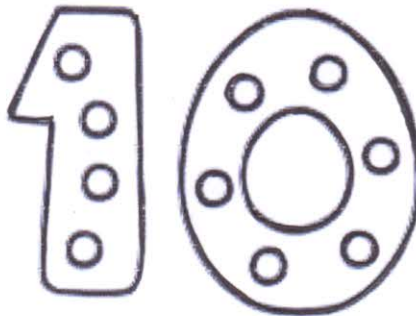
Find the letter



Color the pictures



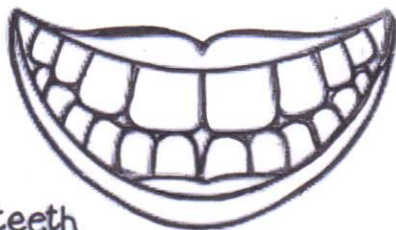
tiger



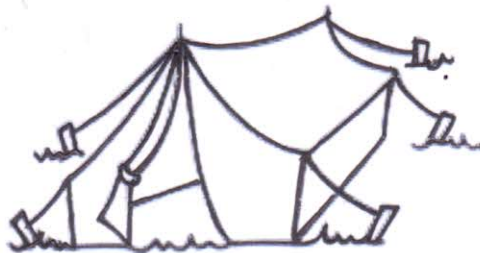
ten



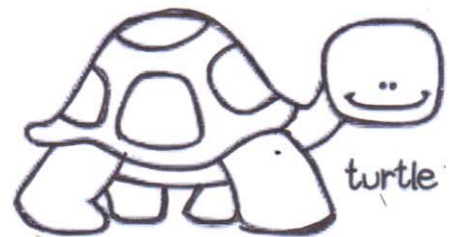
toe



teeth



tent



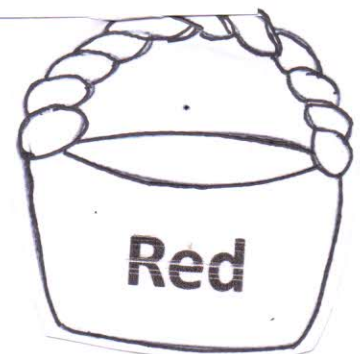
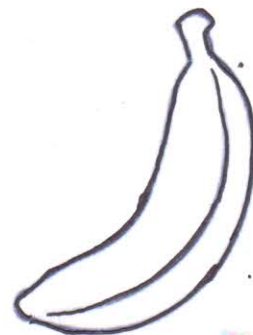
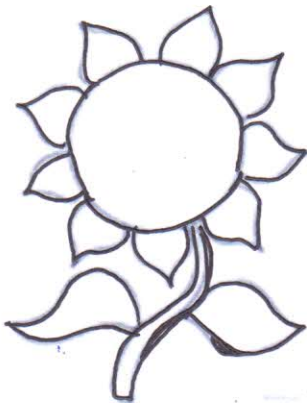
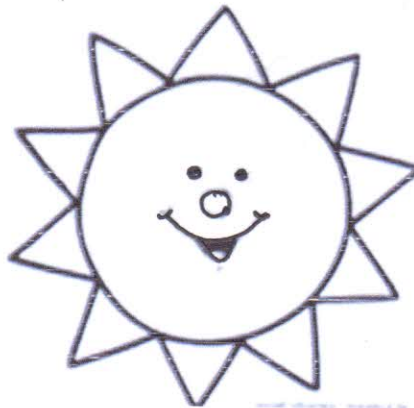
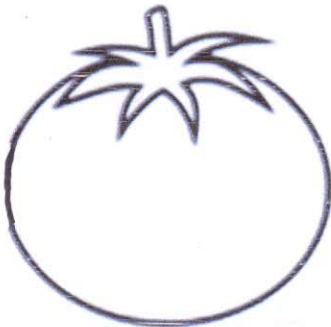
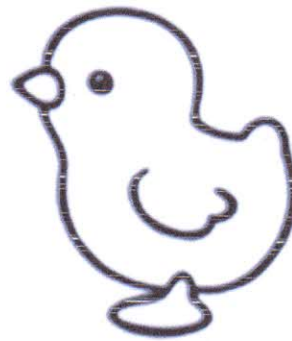
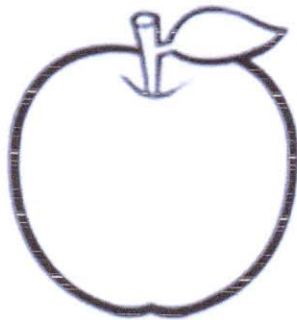
turtle

Subject: English

Topic: Recap of Colours

Aim: To make children aware of colours and enable them to identify them.

Guidelines: Encourage the child to colour the pictures in yellow colour that are conceptually yellow in colour and circle the pictures which are conceptually red in colour. Later, colour the baskets according to the colour written and match the pictures with the basket. Ask the child to look at the pictures given below and say the name aloud.



AHLCON'S JADUI PITARA (Inspired by NEP 2020)



Children in the foundational stage learn most effectively through Manipulating and engaging actively with the material around them using all their senses. To enable this rich sensorial experience carefully chosen Teacher Learning Materials play an essential role.

As per National Curriculum Framework for foundational stage (NCF-FS), Jaadui Pitara is learning – teaching material designed for children aged 3 to 8 years old, consisting of play books, toys, puzzles, flashcards, story books and worksheets.

Ahlcon 's Jaadui Pitara Activities

(Khul ja sim sim....)

Activity-1

Topic- Online Games

Guidelines - Children to sit with the parents and enjoy some online games from the links given below-

<https://wordwall.net/resource/3677609> <https://wordwall.net/resource/18488880>
<https://wordwall.net/resource/15980322> <https://wordwall.net/resource/19643147>
<https://wordwall.net/resource/22562782> <https://wordwall.net/resource/3522536>
<https://wordwall.net/resource/6687291> <https://wordwall.net/resource/19931829>
<https://wordwall.net/resource/14156166>

Activity-2

Topic- Story Telling

Aim – To inculcate good moral values through stories.

Guidelines - Grandparents/ Parents to sit with the child and narrate any Panchtantra stories in Hindi or English. Discuss about the moral values of each story. Help your child to make a puppet to support his / her story and encourage them to narrate the story in their own words. Later, Students will read or listen short stories from e-books.

(Links are given below)

<https://www.storyjumper.com/book/read/110963642>

<https://www.storyjumper.com/book/read/111283582>

<https://youtu.be/uEKPJKiwM6o>

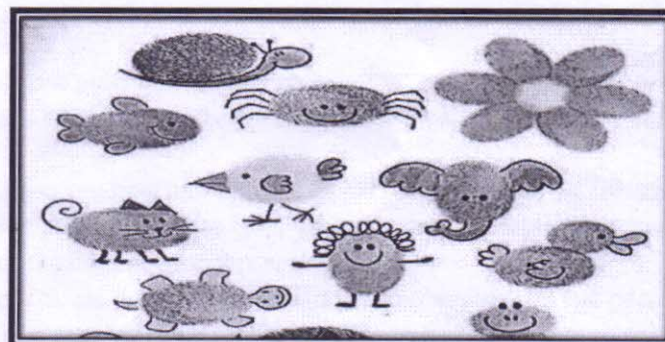
<https://youtu.be/k1jrsfifxd4>

- After reading or listening stories, child can choose any one story of his/ her choice and make a story board on A-3 sheet.

Guidelines for Story Board –

1. Divide the A-3 sheet into 4 equal boxes as shown below.
2. Children will create scene with thumb printing / tearing and pasting / drawing and colouring using their own imagination.

Scene 1	Scene 2
Scene 3	Scene 4



Sample of Thumb printing

- Encourage your child to narrate the story with a twisted moral using the story board to their friends when they join back school.

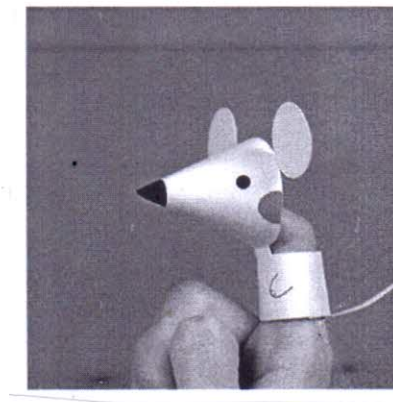
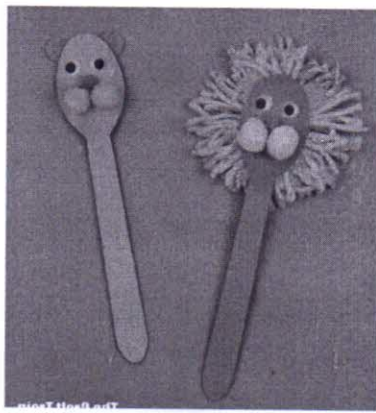
Subject: English

Topic: Story time

Aim: To enrich vocabulary and enhance language and reading skills.

Guidelines: Stories play a vital role on the growth and development of children. Listening to stories and puzzles, expose the children to a wide range of words which helps them build their own vocabulary and improve their understanding.

- Help your child to listen to stories. (Links provided below)
- To bring stories to life and to spark the imagination of your child through creative drama, help them to create puppets/masks of the characters depicted in the stories which can be held by the child while narrating the story.
- You can click the pictures of your child while holding the puppets in the hand and paste those pictures on an A4 pastel sheet and attach in the homework. Encourage your child to narrate the story with voice modulation and gestures.
- Links-
- The Lion, the Mouse and the Sleepy Bear - https://youtu.be/tUjOL_Nk6uo
- The tale of Peter Rabbit - <https://youtu.be/G6FWfjvrNQ>

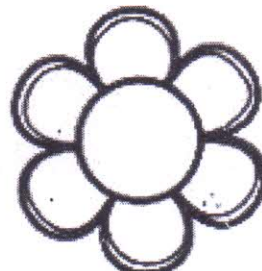
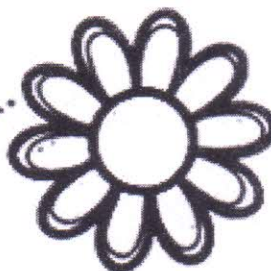
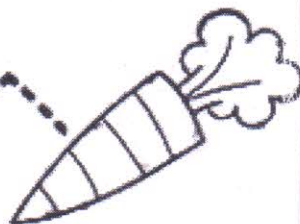


Subject: Maths

Topic: Logical Thinking

Aim: To enhance pre-writing and fine motor skills. Also to develop eye hand co-ordination.

Guidelines: Help your child to join the dots and take the animals / insects to reach the objects.



Subject: Maths

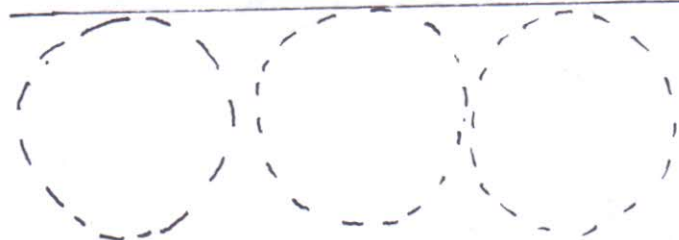
Topic: Shapes

Aim: To recapitulate the knowledge of shapes and the related objects in surroundings.

Guidelines: Children have started learning about the shapes in their surroundings. So, let's recapitulate the knowledge by encouraging them to trace and draw circles. Later, ask them to colour all the circles in the below given picture.

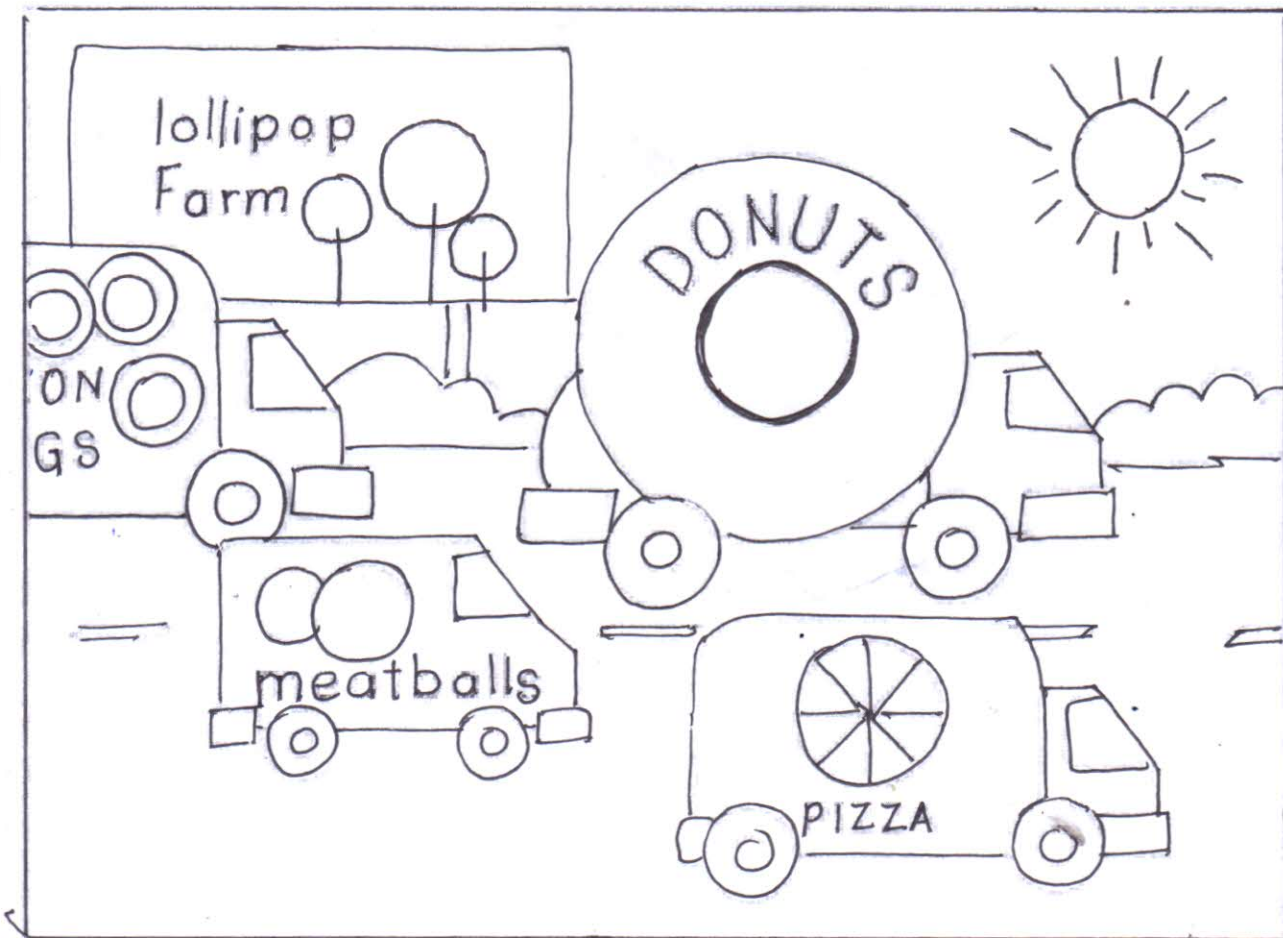
CIRCLE

Trace the circles then draw some of your own.



Meals on wheels

Color all the circles in this picture

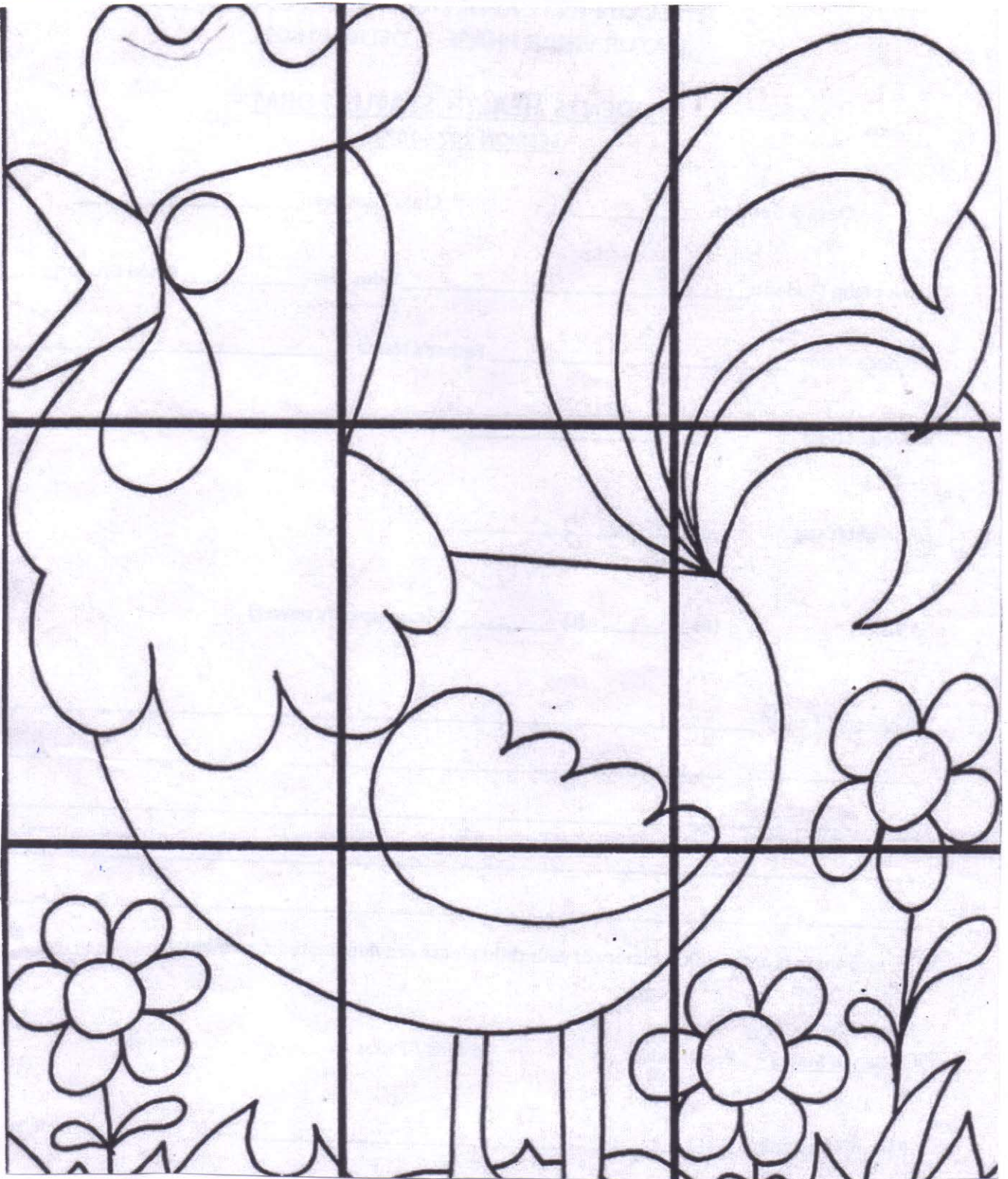


Subject: Maths

Topic: Jigsaw Puzzle

Aim: To develop logical thinking skills and to enhance their eye-hand co-ordination.

Guidelines: Puzzles are a good way of pacing up your child's cognitive development. Encourage your child to colour the picture, paste on a cardboard and cut it into pieces along the lines to create a puzzle.

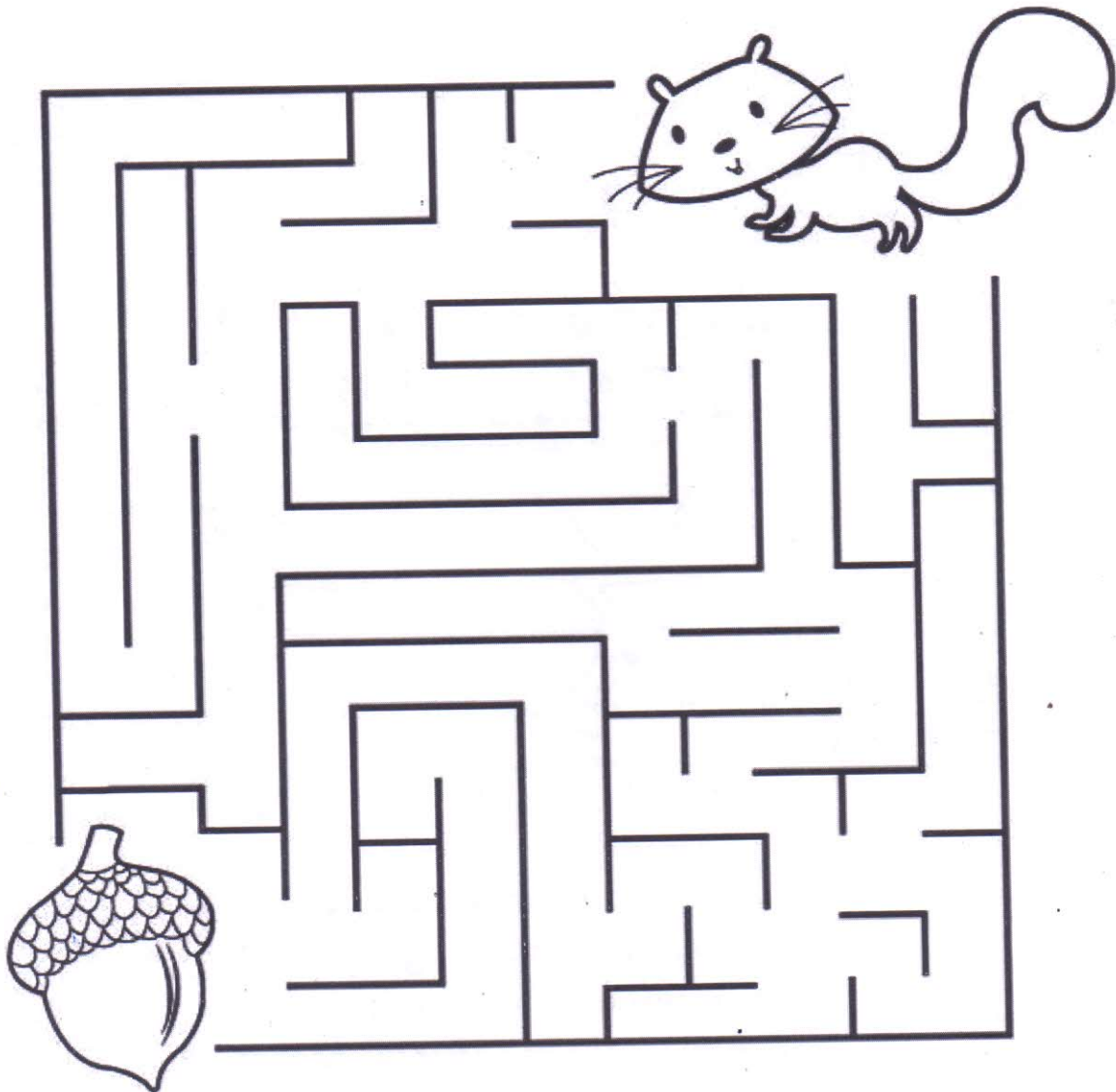


Subject: Logical Thinking

Topic: Maze

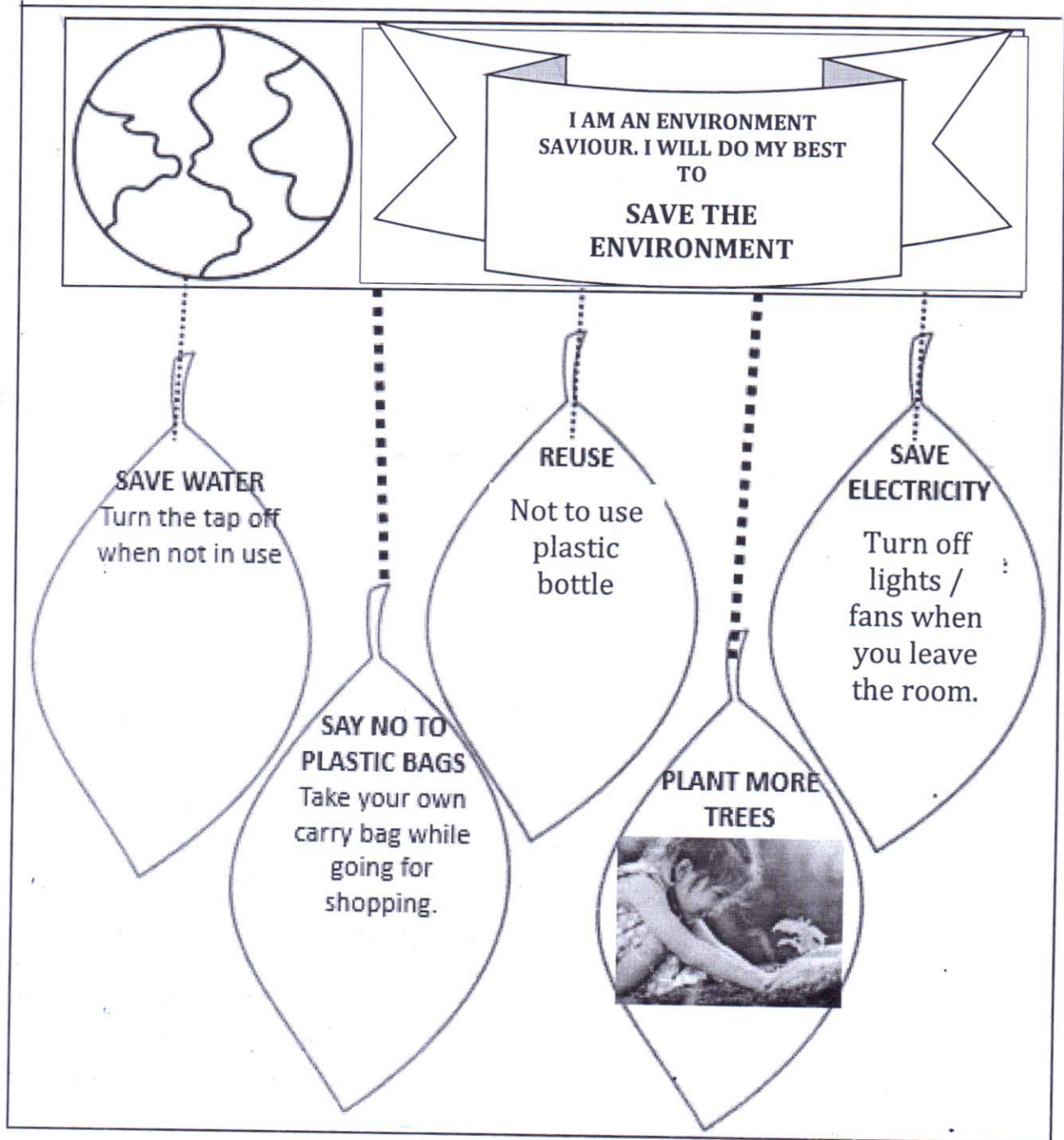
Aim: To enhance the critical thinking and problem-solving skills.

Guidelines: During summer vacation indulge your child into free play or create situation at home where child has to cross the path to reach the destination. Later, encourage him/her to help the squirrel find its way to acorn.



Aim: To create awareness about reduce, reuse and recycle of old goods to save the environment. (SDG-12)

Task: On this Environment Day, encourage your child to create something from waste material available in your house such as used plastic bottles, paper cups, plastic spoons, beads, buttons, CDs, waste cardboard, shoebox, empty matchbox, etc. and do our planet a favour. It would be a great idea to reuse these wastes to create and decorate a wall hanging to show what you can do to protect the environment. You can encourage the child to develop the good habits, click their pictures and paste them to make a beautiful wall hanging. Example is given below for your reference. You can help your child to create 'I am an environment saviour'.



Subject: Moral Value

Topic: Father's Day (18th June)

Aim: To develop sense of importance of 'Father's Day'.

Guidelines: Father's Day is a celebrated of honoring fathers / grandfathers and celebrating fatherhood, paternal bonds and the influence of fathers / grandfathers in society. It is celebrated worldwide to recognize the contribution they make in the lives of their children. It is observed on the third Sunday in June. This year it is on 18th June. So, on this Father's Day, help your child in making a card for father / grandfather and show love and affection to them.

Steps to make this card:-

1. Take 1 A4 sheet, fold into half .
2. Colour this trophy, cut and paste on front side of card.
3. Further decorate the card and write a heart warming message.
4. Don't forget to share with us the joyful moments captured.

Refer the link:- <https://www.youtube.com/watch?v=CEcBr3rh7Qk>



Subject: Life Skill

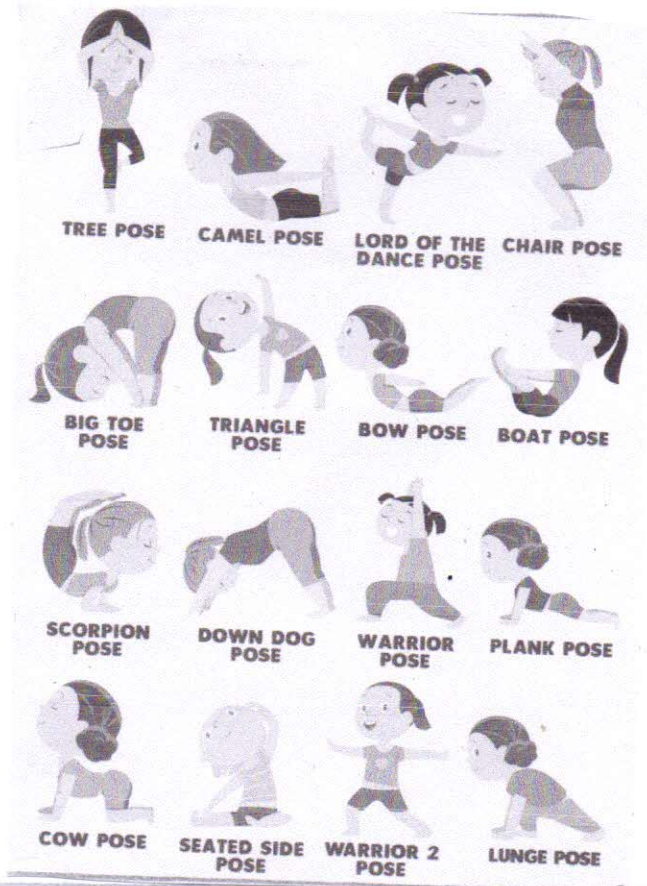
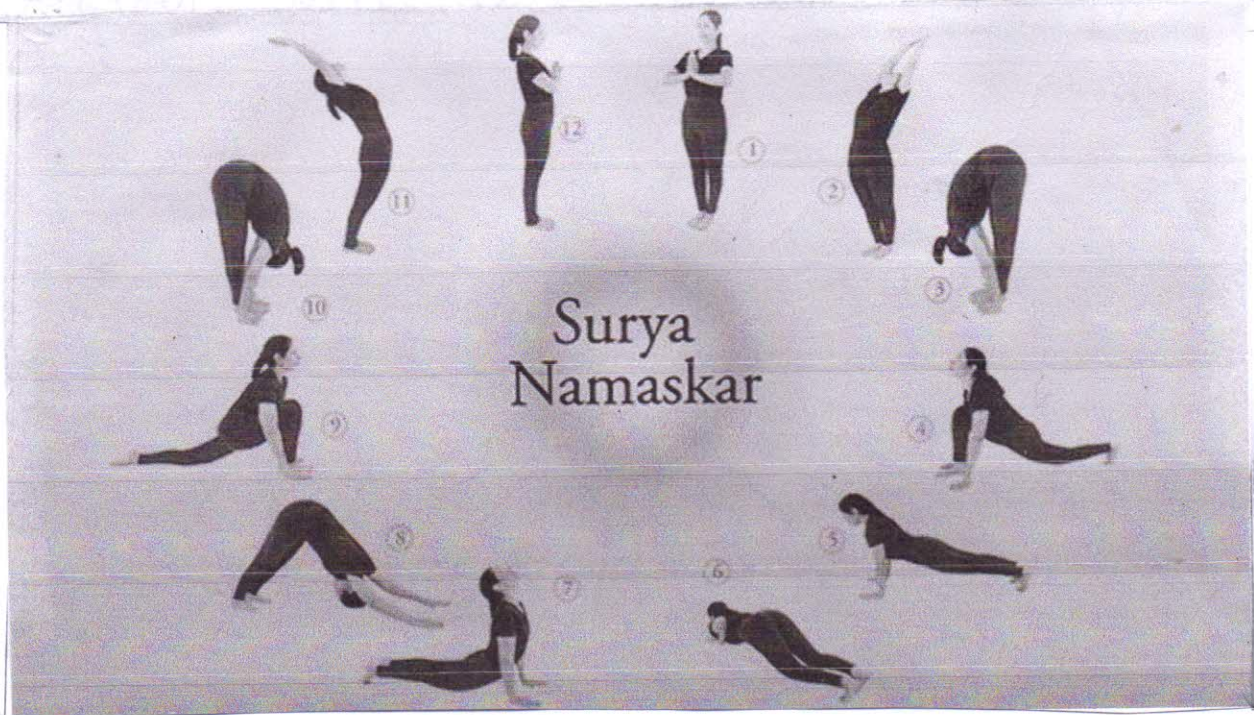
Topic: International Yoga Day (21st June)

Aim: To enable the students to make yoga part of their daily routine and to have good mental health and fitness.

Guidelines: The International Day of Yoga aims to raise awareness worldwide. It is celebrated on 21st June and lays emphasis of yoga for over all health of body and mind.

Follow the link given below to understand few yoga poses and complete it with suryasana at the end.

Now, ask your child to depict any one yoga pose using stick figures. See the picture given below for reference.



Subject: Life Skills

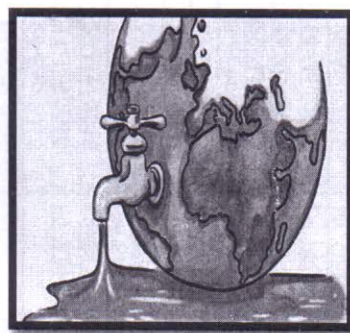
Topic: Sustainable Development Goals (SDG)
(SDG- 2, 6, 12)

1. DO NOT waste food at all. Take small portions to begin with.
2. DO Not waste electricity. Watch TV together / work in the same room.
3. DO NOT waste water. Close the tap while brushing / Reuse RO water for other purposes.
4. DO NOT accept plastic bags or DO NOT buy plastic products. Say NO to disposable material. Carry your own water bottle with you.

We are sure you would have more creative ideas supporting this.

Talk to your child about the SDG's using this link - <https://youtu.be/cBxN9E5f7pc>. Encourage your child to be a torch bearer of a a great vision. Make a poster and share pictures of your child working on it on your class WhatsApp group, so that it motivates others too! Small steps taken will make the big difference.

Send the poster to school and help your child learn few lines about it so that they can talk about it with their friends.



Subject: Life Skills

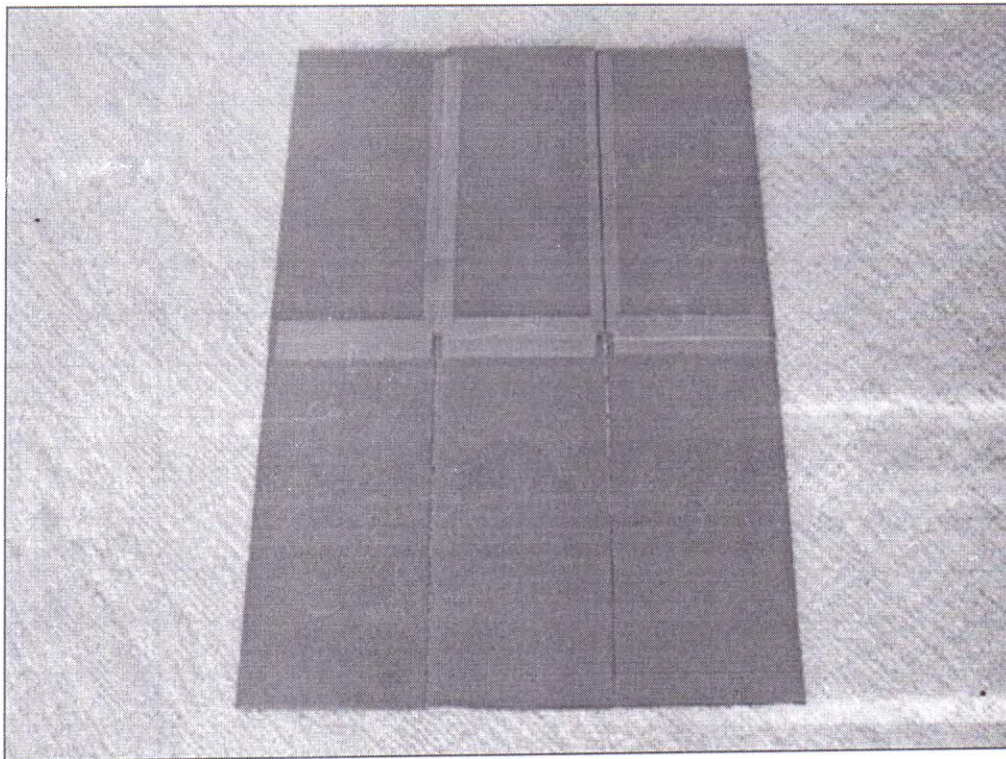
Topic: Laundry Folding Board

Aim: To make the child independent and self-reliant.

Guidelines -

- Summer Vacations are the best time for the children to learn the skills that are essential for life.
- Follow the link below and make a laundry board for your child by arranging for the material mentioned below.
- Material Required- Carton, Child friendly Scissors, Cello Tape
- Help your child create the laundry board and learn the life skill of folding shirts and T-shirts with ease. **(Refer to the link below for clarity)**
- Click the photograph of your child in action and send the same after the vacation. Paste it on an A3 size pastel sheet with the heading **"I am Responsible for My Laundry"**
- **Link:** <https://youtu.be/2ouk02qD40s>

Sample:



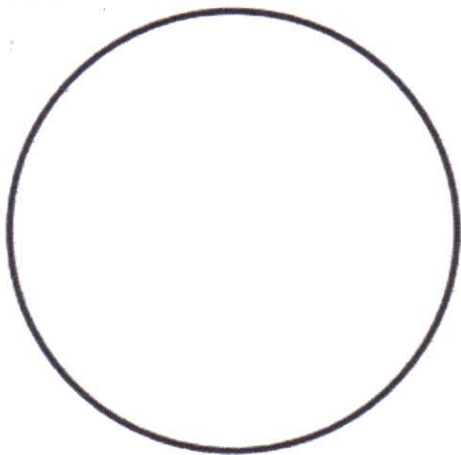
Subject : Social and emotional Learning

Topic : Knowing your Emotions

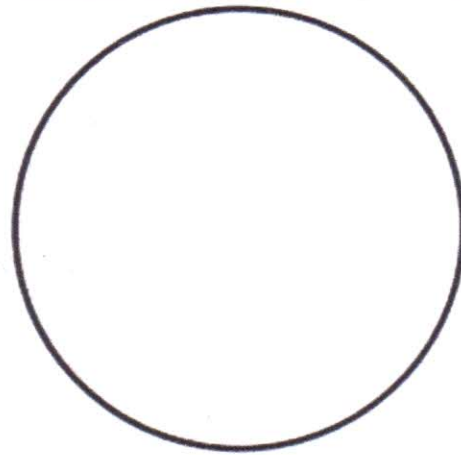
Aim: To make children experience, regulate and express a range of emotions.

Guidelines : Children are learning about their likes, dislikes, feelings etc.

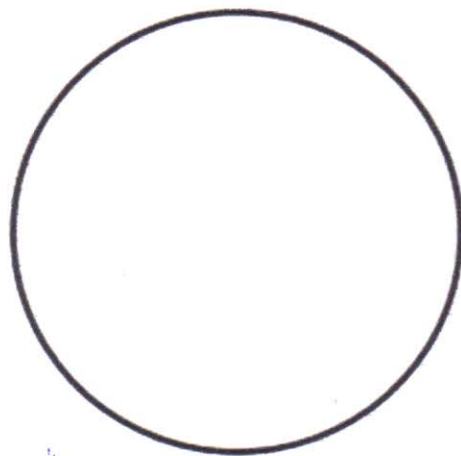
Encourage your child to draw a face in the circles and match it with it's sentence given below.



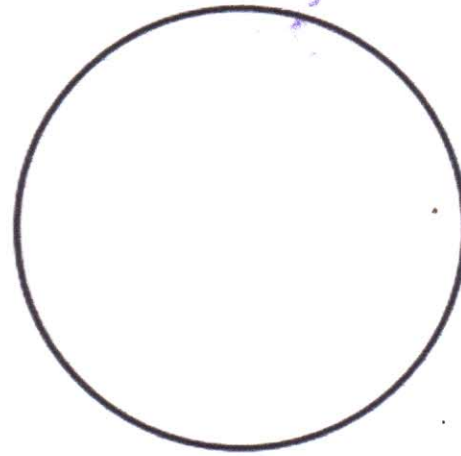
My face looks like this
when I am happy.



My face looks like this
when I am sad.



My face looks like this
when I am angry.



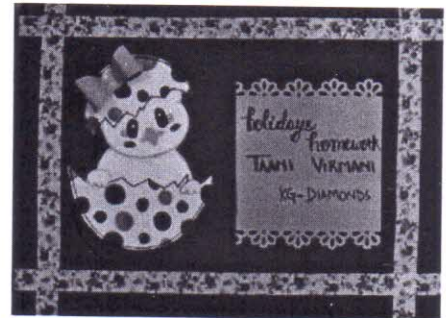
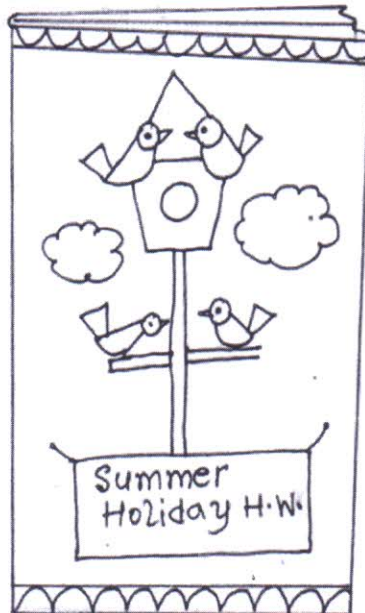
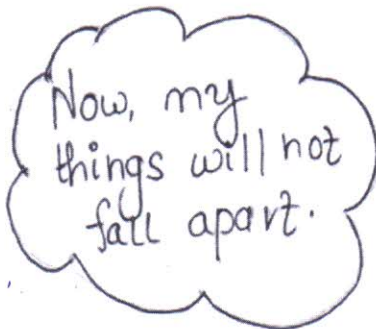
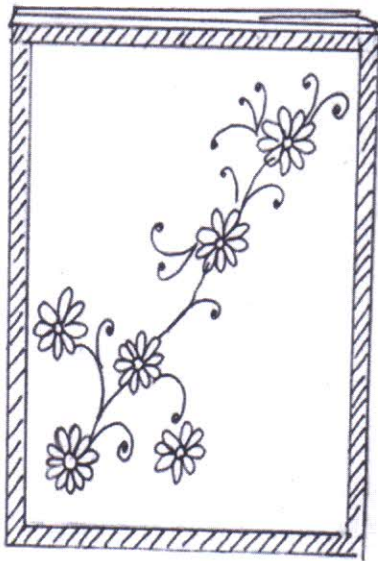
My face looks like this
when I am scared.

Subject: Art and Craft

Topic: Handmade Folder

Aim: To make children learn about the value of Responsibility and to learn how to manage their worksheet properly.

Guidelines: Help your child to make a folder with handmade sheet or any other thick paper and decorate it. Write the child's name, class and section on it. Later, encourage the child to keep all the homework sheets properly in it.



Subject: Art and Craft

Topic: Vegetable Stamping

Aim: To improve concentration, develop fine motor skills, make them aware of different colours.

Guidelines: Fine motor skills are incredibly important for our students and need to be a part of their everyday learning. Let's make them practice these skills by creating a mat.

Material Required: A4 sheet white, different colours, cut pieces of different vegetables like potato, lady finger, onion, bitter guard etc.

Steps to be followed -

- 1) Take a white A-3 sheet.
- 2) Divide it into various columns as shown in the picture below.
- 3) Take different water colours in a pallet.
- 4) Cut out few vegetables into half and dip its cut side in colour.
- 5) Further stamp it on the white sheet to make different patterns. Eg- flower, butterfly, cat.
- 6) Help your child to create his / her own patterns and let them be more artistic in their expression.
- 7) Label it on the backside and get it laminated.
- 8) Send the colourful mat to school to show it amongst the peers.

Reference link:- <https://youtu.be/DlaQ2S3g3W8>



Aim: To inculcate good values in children and to make them more independent.

Guidelines: Incentive charts are tools for changing children’s behavior. It highlights positive behavior or goal you want your child to achieve – for example, saying ‘Please’ or ‘Setting the table’ or ‘Keeping the dishes’ for washing, etc. Each time when your child does well, give star stickers in the space given on the chart. One star is rewarded for any good behavior or goal achieved whereas the two stars shows something extraordinary has been accomplished. A certain number of stars adds up to a reward for your child. The method of rewarding the children will reinforce positive behavior, making them independent and responsible.

- After completing the incentive chart, parents are requested to felicitate the child by presenting the ‘Certificate of Appreciation’ given on the next sheet.
- You can click the joyful moment while presenting the Certificate to your child and can share the same with the teachers in the class group or paste the picture here.

Name: _____

★ Good
★★ Great job

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
I woke up early in the morning	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
Cleaned my room	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
Washed hands before meal	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
Set the table	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
Brushed twice a day	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
I learnt to dress up myself	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
Watered the plants	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★
I spoke softly and used magic words	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★	★ ★

AWARD

